# ROAD PLUS FIT FORM



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<b>CONTACT INFORMATION AN</b>	D
FRAME SPECIFICATIONS	

Name
Shipping Address
Primary Phone Number
Email
MATERIAL
☐ Titanium // <sup>\$</sup> 5200
FORK CHOICE
ENVE All Road Disc
Whiskey No. 9 Rd+ (select for bikes with shorter top tubes, 55cm and below)
Other
650b       700c       Both (all disc bikes fit both)       Max tire size for new bike
SHIFTING
Mechanical 2x Mechanical 1x eTap Internal Di2//\$200 Internal EPS//\$200
BRAKES
Disc (standard)
BOTTLE CAGES
0 1 3
O       I
EXTRA FRAME OPTIONS (Contact us or visit our <u>Technology page</u> for more details aboutr our frame options)
EXTRA FRAME OPTIONS (Contact us or visit our Technology page for more details about our frame options)         T47 threaded BB (included with Ti-Carbon) // \$75       Internal brake routing (only available with Ti) // \$350
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Email kevin@fireflybicycles.com for more details.



## **CURRENT BIKE INFO**

Please take all measurements in cm

MAKE	
MODEL	
YEAR	
THE FOU	JR KEY CONTACT POINTS
A:	SADDLE HEIGHT
м	easure from the center of the bottom bracket to the top-center of the saddle.
в:	SADDLE SETBACK
- Tł	is is best measured with a plumb bob (any long string with a weight on it will do).
Pla	ace the string on the tip of the saddle and drop the weight below the bottom bracket.
Af	ter it steadies, measure horizontally from the string to the center of the bottom bracket.
C:	REACH
М	easure from the tip of the saddle to the top-center of the bars.
D:	HANDLEBAR DROP
М	easure vertically from the top of the saddle to the ground.
Tł	en measure vertically from the top-center of the bars to the ground.
Su	btract the second measurement from the first.
OTHER	BIKE SPECS
He	prizontal TT length
St	em length and angle
He	eadset Spacers (in mm)
/	
	B



## **BODY INFO**

Please take all measurements in cm

WEIG	
AGE	
A: HE	IGHT
[	
в: то	TAL BODY LENGTH
	Your sternal notch is the notch at the base of your neck. Stand up straight with your feet at shoulder width.

Measure from your sternal notch to the floor.

#### C: INSEAM

Still standing with your feet shoulder width apart, hold a book between your legs and parallel to the ground.

Pull the spine of the book up into your perineum with the pressure of a saddle.

Measure from book's spine to the ground.

Check this measurement a couple of extra times, it is the most difficult to take accurately.

### D: ARM LENGTH

Your acromion process is the outermost bone in your shoulder. Hold onto a pen and hold your arm as straight as possible at a 45° angle. Measure from the acromion process to the pen.

#### E: SHOULDER WIDTH

Measure from one acromion process to the other.

